



Workshop on Saturday, 21st March 2020

Justin Marsh

Therapist, Director and Clinical Associate of The Laurel Centre

Understanding & Recognising Sex and Porn Addiction

10 am – 1.30 pm, refreshments from 9.30am

Venue: University of Reading, Whiteknights, The Cedars, Meeting Room, RG6 6UR

Synopsis: This CPD workshop will offer a thorough understanding of sex addiction from a biopsychosocial viewpoint. Ultimately only the ‘addict’ can decide if their behaviour is ‘addictive’ or out of control but this intense and information packed CPD will help therapists to guide the client in making that decision. It will provide a definition of sex addiction, will help recognise different classifications and causes of sex addiction. It will help participants understand sex addiction from a biopsychosocial perspective and will provide participants with tools to help clients self-diagnose either an active addiction or their ‘at risk’ behaviours. The workshop will provide an understanding of the cycle of addiction including triggers and underlying issues. It will give an overview of treatment options and look at the impact of disclosure / discovery on partners and their reactions. We shall learn to SURF (4 stage partner recovery)

Biography: Justin is a qualified relationship therapist and holds specialisms in both Sex Addiction and Autistic Spectrum Disorder. Justin’s background is in the charity sector where he was the Operational Lead of a Therapy Service. He facilitates recovery programmes for both men and women struggling with addictive and compulsive sexual behaviours as well as for their partners. He has developed a successful online video for recovery groups, for training and supervising group facilitators. Justin is a clinical associate with Paula Hall in the organisation that offers individually tailored sex and porn addiction therapy in London and around the UK. Paula’s team have over 40 years of clinical experience in the field and have successfully worked with hundreds of clients, including partners, using their internationally recognised treatment models and interventions.

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Workshop Fees

£30 member / £40 non-members before 21st of February 2020,

£40 members / £50 non-members after 21st of February 2020

Limited places available – please book early

Please complete this section, detach and send to the address below

Name:
Address:
Contact number:
Email:
RTG member: Yes No Student (please tick)
Method of payment (please tick): Cheque Cash Bank Transfer
Bank Details READING THERAPIES GROUP Lloyds Bank Sort Code: 30-91-31 Acc. Number: 00911234
Amount paid:
Date of payment

Light refreshments will be provided on the day:

Special requirements. Please let us know if you have any special requirement, i.e disabled access that can be arranged, or any other special needs that we should accommodate.

Refunds: Cut-off date for refunds is 7th of March 2020 after which we unfortunately will not be able to offer refunds.

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